



# BLUE RIDGE EVENTING ASSOCIATION

WWW.BLUERIDGEEVENTINGASSOCIATION.ORG

APRIL 2008 NEWSLETTER

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## BREA April 15, 2008 Meeting Minutes

Members present: Billie Bryant, Monica Gaebe, Erica Jones, Dana Lacy, Susan Icové, Linda Oberlender, Debbie Bright, Alicia Daily

March Minutes approved

GHPEC: no report

Treasurer's report: We have \$490 in checking and \$4,521 in savings.

Membership: There are now 67 members, up from last month's 62.

Equipment: We are holding a workday on April 12. There is a new lock for the equipment shed.

Newsletter: no report

Points: They can now be submitted online.

Education: Esters Simms is coming to Green Hill on May 4th. Caroline Dowd is coming April 27.

Young Riders: no report.

Southern States: Send labels to Linda.

Horse Shows: Bastian's will come to the May 3rd show. We have ordered ribbons. Dana has taken care of medical coverage for this year's shows.

Teams: no report.

Volunteer Coordinator: no report.

Awards Banquet: We will continue to think of potential speakers, etc.

### Old Business

Website changes: Members can send in volunteer hours and points online now.

Insurance changes: We're changing our insurance to USEA.

USEA instructor certification clinic: Jen Wolz is contacting people.

### New Business

May 3 HT:

Dressage: Linda Oberlender, Debbie Bright will be day manager for dressage

Stadium: Billie Bryant, Alicia Daily. We need volunteers to help set up the course.

XC: Bernard Hylton

Spring Cleanup Day: April 19 10 am-2 pm

Greenways: We can put tape across the trails that empty out onto the XC course during horse trials or put signs up warning people on the trails of the presence of horses.

Flags for XC Jumps: We will create a new system for flags on the XC jumps using dowels.

***It's that time again! BREA Membership renewal form, page 6***

## **Upcoming Clinics & Horse Events**

**May 23-24** Montebello marked trail rides (and dinners)  
Paulette & Lee Albright, bitemtn@cfw.com

**May 24** SWVADA Spring Show, Green Hill, Bob Whitehurst  
whitehst@hughes.net, 540-772-6911

**May 24, 25** Stone Bridge Farm Jumper / Hunter show, Katrina Weinig 540) 291-1000

**June 14th** SWVADA Fix-a-Test, G. H. Judy Bonin 540-885-4192  
judybonin@comcast.net

**June 14, 15** Stone Bridge Farm Jumper / Hunter show, Katrina Weinig 540) 291-1000

**June 21** SWVADA Harriet Peterson clinic, Green Hill

**June 22** Sunrise Stables Hunter  
Pace, Lexington, Penny Ross, info@vahorsetrials.com

**June 28** BREA Combined Test, Green Hill, Ann Jensen  
540.537.0427 or Erica Jones emjones@vt.edu

**June 28**, Combined Test at TTC – Mocksville, NC Saturday,  
Entry fee: (stadium and XC) \$45 for all divisions just X-C  
Schooling \$30 Beth McCashin johnttc11@aol.com

**July 5th** SWVADA Schooling Show, G.H. Ken Palmer 540-297-5337

**Aug 9** BREA Combined Test, Green Hill Susan Icove  
540.745.3546

**Aug 23,24** Stone Bridge Farm Jumper / Hunter show, Katrina Weinig 540) 291-1000

**Sept 20, 21** Stone Bridge Farm Jumper / Hunter show, Katrina Weinig 540) 291-1000

**Oct 11, Hylton Classic**, G. H. Kim Smith 540.449.4626

**Upcoming clinic at The Fork**, June 27-29. Instruction includes a private(!) dressage lesson, small group lessons for stadium and x-cntry, unmounted lectures, and in-hand demos. Rebecca Howard is the instructor, and has been extremely helpful to those of us who have had some lessons with her. She is an international rider from Canada, has ridden Rolex 4\*, has a coaching certificate from Canada and is the equestrian director at The Fork. Check out the website (listed below) Listed on the website are also the x-country schooling days. Highly recommended.

**Lucinda Green is coming to Bernard Hylton's** in Woolwine, VA. October 18 and 19 email Susan Icove to be put on the list lancove@swva.net

**Ask Keith Kaufman, Sports Psychologist**  
**Submit your questions to Keith at bright@swva.net and they will appear in next month's BREA newsletter!**

Dear Keith,  
I have been having trouble placing well at big and important competitions even though I try really, really hard. If I go to some small, rinky dink event, I seem to ride better and can beat everybody else. My trainer says I try too hard and have the wrong attitude. Could you explain what that means? How can I win if I don't try hard?

Signed,  
Glori Seeker

Dear Glori Seeker,  
It is important to build consistency into your performances and, as much as possible, approach every competition in the same way. Understandably, big, important competitions can generate more pressure and anxiety than "small, rinky dink events", but that does not necessarily dictate that your effort or arousal level needs to change substantially. A helpful technique to use to cultivate consistency is routines. It is important to differentiate routines from rituals, since rituals usually imply some kind of superstitious behavior (e.g., wearing your lucky socks), while routines are behaviors that can help you get into the groove of a performance. If you look carefully, you can spot athletes using routines in various sports. For example, many tennis players bounce the ball a set number of times before serving and many basketball players make the same motions before stepping to the foul line. Other examples can be doing the same stretches or listening to the same music before starting each competition. Routines can be used before, during, or after events, and can help reduce some of the situational variability that inevitably occurs in sport. I would encourage you to consider what types of routines might benefit your performance?

Sincerely,  
Keith Kaufman  
KeithK07@vt.edu

### **Attention Junior Riders!**

The junior rider volunteer hour requirement has been changed to **6 hours** to compensate for the continued free membership.

*Correction from previous newsletter: the volunteer hour requirement change only applies to junior riders. The requirement for Young Riders is unchanged.*

# CLASSIFIEDS

Classifieds are offered FREE to members and will automatically be renewed for 3 months. Ads are \$5/ad/month for non-members.

Send information to Elyse Gonyo at:  
6982 Fairfax Drive; Arlington, VA 22213 OR  
breanewsletter@yahoo.com.

**"Dash"** 15.1 hand, QH/ Selle Francais, gelding, 17 years young. Has shown Training level eventing. 1st level dressage with knowledgeable rider. Safe and great with kids. Does everything. Jumping confidence builder. We would love to see him go to a Pony Clubber or an adult who wants a safe mount. Asking \$5500. Call Margaux Lander at 540-808-9196 or Susan Icove at 540-745-3546 (05/08)

TB mare, 14, hunted, BN HT and trail ridden. Fairly laid back. Asking \$3500 Erica Jones 540-544-7359 (05/08)

AQHA bred, (a blue eye requires his registration with APHA) gelding; 7 y.o. bay, 15'3" and handsome. Has been shown training-level dressage and schooled over Green Hill's X-country, 2'6"-3'; is willing, trusting, bold and a great mover. Absolutely sound. Reduced to \$4000. Will send pictures if interested. Linda Ely (540)674-1372

**Mainstreet:** "Mainstreet" is a 16H, 1996, chestnut throughbred gelding. He has three wonderful gaits and jumps courses to 3' with various levels and ages of riders. He has schooled beginner novice and novice level cross country jumps. Mainstreet has been a very successful lesson horse and will be introduced to the competition ring this spring. He has the potential for success in lower level eventing, dressage, or hunters. He would also make a great 4H or Pony Club mount. Mainstreet is also happy to hack out on the trails alone or in company. Pictures and videos are available on our website: [www.wolzequestrian.com](http://www.wolzequestrian.com). Contact Jen at 540.951.1033 or [jenwolz@wolzequestrian.com](mailto:jenwolz@wolzequestrian.com). Currently asking \$3,500. Price will increase with competition experience (03/08)

**Llameri** 15.3H 11 yo big bodied 7/8 Hannoverian Bay Mare, perfect for someone who wants to learn dressage, nice mover, consistently in a frame, very proficient and straightforward lateral work through half pass, easy keeper, great feet, sweet girl, the right person with an excellent home a MUST, no resales, perfect for amateur or youth, eventing prospect \$10K Contact Kim Smith [ksmith@gilesk12.org](mailto:ksmith@gilesk12.org) 540-449-4626 (03/08)

**Glory** - 14h 4 yo large black pony mare. Welsh x TB/Arab cross, very cute, sweet, and sensible. Lovely temperament. Going quietly WTC and jumping small courses. Has schooled small cross country fences, water, hacks out alone and in groups. Perfect Pony Club/4H type of mount - great mind and lots of potential. Asking \$4500. Call 540-327-3051 or email [gonyo@gmail.com](mailto:gonyo@gmail.com). (03/08)

## Holley Ridge Sporthorse Offers for Sale

Training level eventer, Mobile Express - 2002 Chestnut TB mare. 15.3 hands Athletic and bold, yet sane enough for amateur. Currently competing training and schooling preliminary. Could do jumpers. Fantastic mind. \$20000

Event/Dressage prospect, Amazing Grace - Roan 2005 Irish Sport Horse Filly. By Carrig View out of a TB mare. Very friendly, sensible and brave. Going well under saddle. She has nice, balanced gaits and will be a big girl. \$14000

Bay 2005 APHA Filly \$2500, great on trails, cute mover.  
2007 Conn/TB colt, very fancy, great personality \$9000.  
2007 Hannoverian/Paint cross filly \$1500.

See pictures and video at [www.holleyridge.com](http://www.holleyridge.com), or call Sue at 540 365-2499. (VA) (02/08)

## Cady O'Daly Farm and Alicia Daily Farm offers :

**at stud--** Tre Awain Goldsmith-- 15.2 h dun Connemara-- really cool and laid back guy!

**for sale--** Riddle- 6 yo, 14.3 h Connemara bay mare due to foal May 1. Baby courtesy of Tag. She is an experienced novice eventer, with lots of ribbons. Real bargain-- \$11,500

Tb/Connemara dun filly weanling . \$3500-- "Calligraphy"-- Nice baby.

2 year old miniature donkey jack-- traditional gray cross back - CUTE !!

**Cadyodalyfarm.net---** 540-587-1999 cell-434-665-9876 (02/07)

**12 y.o., TB, 16 h, grey mare for sale.** Sound as a broodmare. Due to foal in early April. Bred to reg QH. She is double registered with the Jockey Club and AQHA as well as DNA tested. Granite has foaled regularly for us with good foals. We are closing our breeding program and finding good homes for the mares. \$500.00. Linda Ely at (540) 674-1372 or 230-2466. (01/08)

## EQUIPMENT, ETC.

**Lessons/Training:** Huffman Sporthorses currently has openings for 2 students in the New River or Roanoke Valley area starting in May. Kim Huffman (formerly Smith) has 10+ years experience teaching and 20 years experience in all sporthorse disciplines as well as western and pleasure riding. Huffman Sporthorses caters to riders wishing to improve communication with their mounts in order to achieve their goals, whether they are competitive or recreational. Reasonable Rates [ksmith@gilesk12.org](mailto:ksmith@gilesk12.org) 540-449-4626

**Instructor available.** Jen Wolz is now available for instruction on-the-flat and over-fences. Private, semi-private, and group rates available. Also available for exercise, schooling, and training rides. Other services offered. Very reasonable rates, References available. Please visit [www.wolzequestrian.com](http://www.wolzequestrian.com) for more information, or contact Jen at [jenwolz@wolzequestrian.com](mailto:jenwolz@wolzequestrian.com), 540.951.1033.

Size 2 Old Mac boots. Worn twice. Fits hooves 4 5/16" - 4 1/2" wide 4 1/2" - 4 3/4 long. \$90. Valerie Mann 380.2464 (02/08)

**Woodridge Tack Trunks** Beautiful oak tack or pine stable trunks available. Each trunk is handcrafted for durability using the best materials. Many stain and paint colors are offered. Contact [treasurendoodle@aol.com](mailto:treasurendoodle@aol.com) for more information. (02/08)

**2007 Yamaha Scooter C3** - Has only 83 miles. Blue. Super to ride to and from the barn, ring, and mail box. Can be ridden on road legally. Paid \$2200, selling for \$1500. Contact Diane Long at 540-473-3151.(02/08)

**CORGI PUPPIES**-- the most beautiful and smartest tricolor Corgis, the gotta have best friend, companion and protector, are available from Alicia Daily-- 540-587-1999 (\$600) (01/08)

**Laurel Springs Farm, Christiansburg, Va.** - Now accepting deposits for boarding to begin May 1, 2008. Managed by an Animal Science / CPA graduate of Virginia Tech with 20 years of experience. We offer a large perma-flex arena, jumps, trails, and rolling pasture perfect for hill work. We are centrally located 11 miles from Blacksburg or Radford, less than 3 miles from I-81, 30 minutes to Green Hill Park, an hour to Natural Bridge, 1 hour and 15 minutes to the Virginia Horse Center. Hunter/ jumper and combined training lessons available. Field board with run-in shed in a group of eight or less starting at \$125 / month includes grain once per day and forage. Stall board including grain twice a day, forage, and daily turnout in small groups of four or less starting at \$300 / month. (540) 381-6233, (540) 392-8641. [www.lsfhorses.com](http://www.lsfhorses.com) (01/08)

**Alicia Daily & Hands on Pottery** has stoneware pottery decorated with horsey stuff, and doggy stuff. Gallery at the farm near Lynchburg--or online-handsonpottery.net. Custom work available. 540-587-1999

**[www.photosbyalice.com](http://www.photosbyalice.com)** to view photographs from the 2007 show season. Many types of holiday cards, note cards, mousepads, coffee mugs, and much more are available to display your photos. Email Alice at [alialley@msn.com](mailto:alialley@msn.com) for a product list.

# BLUE RIDGE EVENTING ASSOCIATION

## MEMBERSHIP FORM

Check one: New \_\_\_\_\_ Renewal \_\_\_\_\_ USEA member? \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Home phone: \_\_\_\_\_ Email: \_\_\_\_\_

If you are not a USEA member and need a rulebook, they are available to download on the web at [www.useventing.com](http://www.useventing.com).

Rates\* (circle one):

Single \$30

Family \$30 for first member; \$5 for each additional member

List family members: \_\_\_\_\_

Junior (Pony Club or 4H member) FREE Date of Birth: \_\_\_\_\_

Name of club (required for free membership): \_\_\_\_\_

NOTE: Free members shall only receive electronic (i.e. email) newsletters.

Junior (non Pony Club or 4H member) \$25 Date of Birth: \_\_\_\_\_

\* Membership dues paid after the date of the last BREAA competition of the calendar year will carry over for the next calendar year.

**Mail check and this form to:**

Linda Oberlender  
7448 Lawrence Lane SW  
Roanoke, VA 24018

Are you willing to receive your newsletter via e-mail? YES NO

How did you learn about BREAA? \_\_\_\_\_